The observers' view of (very) long X-ray bursts: they are super!

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In many X-ray point sources on the sky, the X-ray emission arises because hydrogen and/or helium is accreted onto a neutron star from a nearby donor star. When this matter settles on the neutron star surface, it will undergo nuclear fusion. For a large range of physical parameters the fusion is unstable. The resulting thermonuclear explosions last from seconds to minutes. They are observed as short flares in X-rays and are called 'type I X-ray bursts'. Recently, hours-long X-ray flares have been found in seven X-ray burst sources with the Beppo-SAX/WFC, RXTE/ASM and RXTE/PCA. They have similar properties to the usual X-ray bursts, except they last for two or three orders of magnitude longer (hence they are referred to as 'superbursts'). This can not be understood in the context of the standard nuclear-fusion picture mentioned above. Instead, the superbursts are thought to be related to the unstable burning of the leftovers from the hydrogen and/or helium fusion. I will discuss the observational properties of these superbursts.

## 1. Type I X-ray bursts

Many low-mass X-ray binaries show thermonuclear explosions, or so-called type I X-ray bursts (hereafter normal X-ray bursts; for reviews see [22,33]). These appear as rapid ( $\sim 1$ -10 sec) increases in the X-ray flux, followed by an exponential-like decline, with typical durations of the order of seconds to minutes. They recur with a frequency (typically hours to days) which is (partly) set by the supply rate of fresh fuel. The (net) burst spectra are well described by black-body emission from a compact object with  $\sim 10 \, \text{km}$  radius and inferred temperature of  $\sim$ 1–2 keV. The temperature increases during the burst rise and decreases during the decay, reflecting the heating and subsequent cooling of the neutron star surface. Typical integrated burst energies are in the  $10^{39}$  to  $10^{40}$  erg range.

During some X-ray bursts the energy release is high enough that the luminosity at the surface of the neutron star reaches the Eddington limit. At that point the neutron star photosphere expands due to radiation pressure. Such bursts are referred to as 'photospheric radius-expansion type I X-ray bursts', or radius-expansion bursts for short. During expansion and subsequent contraction the luminosity is expected to remain al-

most constant near the Eddington limit. Radius expansion bursts are recognized by an increase in the inferred radius with a simultaneous decrease in the effective temperature near the peak of an X-ray burst, at approximately constant observed flux. Note that when the expansion is large the effective temperature may become so low that the peak of the radiation shifts to UV wavelengths, and no or little X-rays are emitted. Such events are recognizable by so-called 'precursors' in the X-ray light curves followed by a 'main' burst [36,21].

The decay times of X-ray bursts show a bimodal distribution between 1–50 sec, with maxima near 5 sec and 15 sec (Fig. 1). These may be generally attributed to normal X-ray bursts involving either pure He burning or mixed H/He burning, respectively (see [22,33], and references therein; see also Cumming, this volume).

Noticably, Fig. 1 shows 5 events which have long (minutes) to very long (hours) decay times. SLX 1737–282 is the source which burst displayed an exponential decay time of  $\sim \! 10 \, \mathrm{min}$  [14]. Note that the X-ray burst seen from 1RXS J171824.2-402934 by the  $BeppoSAX/\mathrm{WFC}$  has a long decay time as well, i.e.,  $\gtrsim \! 200 \, \mathrm{sec}$  [15]. Other clear examples of such long X-ray bursts are those seen from GX 17+2 ( $RXTE/\mathrm{PCA}$ , [19]) and (pos-

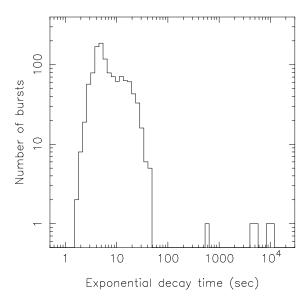


Figure 1. The distribution of the decay times of 1158 X-ray bursts seen by the BeppoSAX/WFCs. The decay times are determined from exponential fits to the burst decay profiles. Courtesy: the BeppoSAX/WFC team at SRON/Utrecht and CNR/Rome.

sibly) 4U 1708-23 (SAS-3, [11]) which had exponential decay times of  $\sim 5 \, \text{min}$ . These long X-ray bursts have durations on the order of half an hour and energy releases of  $\simeq 10^{41}$  erg, i.e., typically an order of magnitude more than normal X-ray bursts. The four events with hours long decay times are the subject of this overview, and are referred to as superbursts. In the next sections I describe the phenomenology of these very long X-ray bursts. I note that the long X-ray bursts discussed above can be accommodated for in current 'normal' X-ray burst theory for those sources accreting at very low rates ( $\lesssim 0.01$  times the Eddington accretion rate, see, e.g., [24]). They do not, however, seem to be related to the superbursts (see, e.g., [19]).

## 2. Superbursts

The first superburst was discovered by Cornelisse et al. to come from the X-ray burster 4U1735-444 [4]. Another superburst was independently found, originating from the X-ray burster 4U 1820-303 [32,34]. Thereafter, six more events have been seen to occur in five other X-ray bursters [38,5,18,16,35,13]. The fact that only eight such events have been found, despite ample observing time, indicates that they must be rare (see, e.g., [12]). The recurrence times of these events are, therefore, not well constrained, although Wijnands [38] reported two superbursts from 4U 1636-536 which were  $\simeq 4.7$  years apart. Observational estimates of the recurrence times are on the order of a year (see, e.g., [16,13]). The availability of X-ray instruments such as the BeppoSAX/WFC and the RXTE/ASM, which more frequently monitor the X-ray sky, and the RXTE/PCA+HEXTE, which perform long studies of the X-ray burster population, is the main reason that superbursts have now been discovered. In Table 1 I show the properties of the superbursts observed so far.

In Fig. 2 (top) I show as an example the superburst from KS 1731-260. Clearly, the light curve consists of a fast rise and a slower exponential-like decay. During the rise to superburst maximum the spectrum hardens, whereas during the decay the spectrum softens (Fig. 2, middle). This is also reflected in the spectral fits to the time-resolved pre-burst subtracted X-ray spectra, obtained during the superburst (Fig. 2, bottom). They are generally best described by a black-body model (but see below), and the effective temperature increases and decreases, respectively, during the rise and decay. These characteristics are similar to those for normal X-ray bursts, and it was therefore suggested that they are due to thermonuclear runaway events as well [4]. A big difference with the normal X-ray bursts is the duration, and therefore the total energy release, of the superburst. Superbursts last from hours to half a day (with exponential decay times of a few hours) and integrated fluxes of around  $10^{42}$  erg (see Table 1). This is about two or three orders of magnitude more than normal X-ray bursts! Fig. 3

Table 1 Properties<sup>a</sup> of superbursts ordered along their exponential decay time (after [19])

source	1820 - 303	1636 - 536	Ser X-1	1735 - 444	GX 3+1	1731 - 260	1254-690
instrument	PCA	PCA(ASM)	WFC	WFC	ASM	WFC(ASM)	WFC
energy range	$260\mathrm{keV}$	$2–60\mathrm{keV}$	$228\mathrm{keV}$	$2-28\mathrm{keV}$	$212\mathrm{keV}$	$228\mathrm{keV}$	$2\text{-}28\mathrm{keV}$
precursor burst?	yes	yes	?	?	?	yes	yes
duration (hr)	> 2.5	$\sim 6$	$\sim 4$	${\sim}7$	> 3.3	$\sim 12$	$\sim 14$
$ au_{ m rise} \ ({ m min})^b$	$\simeq 2$	$\simeq 14$	$< \! 45$	< 36	<117	$\simeq 20$	$\lesssim 25$
$\tau_{\mathrm{exp}} \; (\mathrm{hr})$	$\simeq 1$	$1.05 \pm 0.01$	$1.2 \pm 0.1$	$1.4 \pm 0.1$	$1.6 \pm 0.2$	$2.7 \pm 0.1$	$6.0 {\pm} 0.3$
$kT_{\rm max}~({\rm keV})$	$\simeq 3.0$	$2.35{\pm}0.01$	$2.6 {\pm} 0.2$	$2.6 {\pm} 0.2$	$\sim 2$	$2.4 \pm 0.1$	$1.8 \pm 0.1$
$L_{\rm peak} (10^{38}  {\rm erg  sec^{-1}})^{c,d}$	$\simeq 3.4$	$\simeq 1.3$	$\simeq 1.6$	$\simeq 1.5$	$\sim 0.8$	$\simeq 1.4$	$\simeq 0.4$
$E_{\rm b} \ (10^{42}  {\rm erg})$	$\gtrsim 1.4$	$\simeq 0.65$	$\simeq 0.8$	$\gtrsim 0.5$	$\gtrsim 0.6$	$\simeq 1.0$	$\simeq 0.8$
$\tau \equiv E_{\rm b}/L_{\rm peak} \; ({\rm hr})^d$	$\gtrsim 1.1$	$\simeq 1.4$	$\simeq 1.4$	$\gtrsim 0.9$	$\gtrsim 2.1$	$\simeq 2.0$	$\simeq 5.0$
$L_{\mathrm{pers}} \; (\mathrm{L}_{\mathrm{Edd}})^e$	$\simeq 0.1$	$\simeq 0.1$	$\simeq 0.2$	$\simeq 0.25$	$\sim 0.2$	$\simeq 0.1$	$\simeq 0.13$
$\gamma \equiv \mathcal{L}_{pers}/\mathcal{L}_{peak}^{d}$	$\simeq 0.1$	$\simeq 0.3$	$\simeq 0.4$	$\sim 0.4$	$\sim 0.5$	$\simeq 0.4$	$\simeq 0.7$
$t_{\rm no\ bursts}\ ({\rm days})^f$	< 167	<41	$\sim 34$	> 7.5	< 94	> 35	< 125
H/He or He donor	He	H/He	?	H/He	?	?	H/He
references	[32, 34]	[38, 35, 20]	[5]	[4]	[16]	[18]	[13]

<sup>&</sup>lt;sup>a</sup> A question mark denotes an unknown value.

clearly illustrates this difference, by plotting a normal X-ray burst from 4U1820-30 and the superburst from 4U1820-30 on the same time scale. (The long duration and their enormous energy output is the reason they are referred to as 'superbursts' [38]; see also the Section 'Epilogue' after the reference list.)

As noted above, the superbursts show exponential-like decays. Closer inspection of the superburst in Fig. 3 shows, however, that its decay exhibits clear deviations from a pure exponential. This is exemplified in Fig. 4 where I subtracted the exponential fit to the superburst light curve from the superburst light curve. The corresponding residuals show variations on various time scales, but noticably on the orbital period (11.4 min [29]). The time resolved X-ray spectral parameters vary on the same time scale [34]. A variation is also seen in the superburst light curve of 4U 1254-690, which is related to its regular X-ray dipping activity [13], but is less clear because

of the longer orbital period  $(3.9\,\mathrm{hr}\ [7])$ . The superbursts of  $4\mathrm{U}\ 1636-536$  and  $4\mathrm{U}\ 1735-444$  were too short (see Table 1) to clearly show variations on their orbital periods  $(3.8\,\mathrm{and}\ 4.5\,\mathrm{hr},\,\mathrm{respectively}\ [1])$ . No orbital periods are known for Ser X-1 and KS 1731-260; their superburst light curves were consistent with being exponential. The  $RXTE/\mathrm{ASM}$  coverage of the superburst light curve of GX 3+1 is too sparse to say something meaningful.

For four sources observations were available near the start of the superburst. All of these showed 'precursor' normal X-ray bursts near the start of the superburst. An example is shown in Fig. 5. In  $4U\,1636-536$  the precursor burst showed up  $\sim\!125\,\mathrm{sec}$  after the emission had increased suddenly by  $\sim\!70\%$ . The precursor burst is double-peaked, possibly indicating a radius-expansion event. This precursor burst is shorter (about  $5\,\mathrm{sec}$ ) and has a peak flux which is roughly 60% lower than normal X-ray bursts from this

<sup>&</sup>lt;sup>b</sup> Defined as the time between the peak of the precursor burst and the peak of the superburst.

<sup>&</sup>lt;sup>c</sup> Unabsorbed bolometric peak (black-body) luminosity.

<sup>&</sup>lt;sup>d</sup> The rise to maximum was seen in 1820-303, 1636-536 and 1254-690; values for the others are to be used with caution.

 $<sup>^</sup>e$  I used the 0.01–100 keV unabsorbed flux from spectral fits; the observed maximum flux during radius-expansion bursts bursts is used to define the Eddington luminosity.

f Time of cessation of normal X-ray bursts after the superburst.

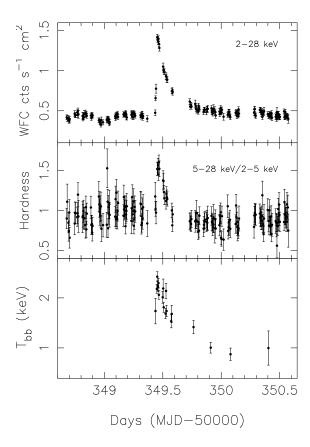


Figure 2. BeppoSAX/WFC light curve (2–28 keV: top) and hardness (ratio of the count rates in the 5-28 keV and 2–5 keV bands: middle) curve showing the superburst from KS 1731–260. bottom: effective black-body temperature as derived from black-body model fits to the timeresolved X-ray spectra during the superbursts. The pre-burst persistent source X-ray spectrum was subtracted from the spectra during the superburst. Adapted from [18].

source (see, e.g., [31]). The shortness of the precursor burst and its possible radius-expansion indicates a pure He flash. Immediately after the precursor burst the superburst had started (see Fig. 5). Superburst maximum was reached  $\simeq 14 \, \mathrm{min}$  later. Similarly, in KS 1731-260 a weak precursor burst was seen. However, this source

displayed some activity afterwards; the superburst started  $\gtrsim 200\,\mathrm{sec}$  after the precursor burst. The actual rise to maximum of the superburst was not covered, but the maximum of the superburst was reached  $\simeq 20\,\mathrm{min}$  after the precursor burst. The precursor burst in  $4U\,1254-690$ , on the other hand, was the strongest among previously seen normal X-ray bursts. Like in  $4U\,1636-536$ , its superburst had started immediately after the precursor burst. In  $4U\,1636-536$ , KS 1731-260 and  $4U\,1254-690$  the peak flux of the precursor burst was higher than the superburst peak flux.

The superburst from 4U 1820-303 was immediately preceded by a burst (with no recognizable pre-precursor-burst emission like that seen in 4U 1636-536); this precursor burst had the same features as its normal X-ray bursts. Both the precursor burst and the superburst of 4U 1820-303 were radius-expansion events; the precursor burst peak flux was somewhat weaker than the superburst peak flux. Note that near maximum of the radius-expansion phase of the superburst the flux dropped even below the pre-superburst persistent-source level down to the backgroundflux level [34], indicating the pronounced effect of the superburst on the inner disk regions where presumably the pre-superburst emission is produced. The peak of the superburst was reached only  $\simeq 2 \, \text{min}$  after the precursor burst. No radiusexpansion phase was found during the superburst of 4U 1636-536, which is consistent with its peak luminosity being lower than peak luminosity reached during usual radius-expansion bursts (see Table 1). Similarly, no such phase could be identified in the other superbursts either, but the rise was not or poorly covered in the other cases.

Analysis of the X-ray spectra during the superburst from 4U 1820-30 revealed the presence of a broad emission line between 5.8 and 6.4 keV, as well as an edge near 8-9 keV [34]. Similar deviations from a black-body spectrum appear during the decay part of the superburst of 4U 1636-536 [20]. This may be due to reflection of the superburst flux from the inner accretion disk. Note that qualitatively similar residuals have been seen during strong normal X-ray bursts ([37]; [17], and references therein; see also [3]).

Highly coherent pulsations during a superburst

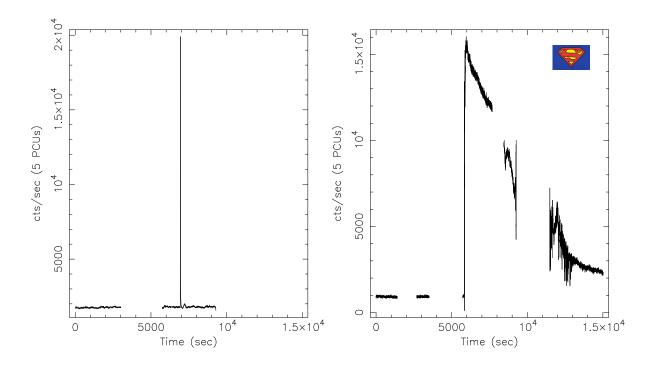


Figure 3. RXTE/PCA (2–60 keV) light curves of a normal X-ray burst (**left**) and the superburst (**right**) from 4U 1820–30 (see also [34]). The time resolution is 0.125 sec and 1 sec, respectively. The normal X-ray burst and superburst were observed on 1997, May 2 and 1999, Sep 9 (!), respectively.

of 4U 1636-536 were found near  $1.72 \,\mathrm{ms} \,[35]$ . The pulsations were detected during an 800 sec interval near the maximum of the superburst (note that only during two intervals high time resolution data were obtained:  $\sim 2500$  sec near the peak of the superburst and  $\sim 4000 \,\mathrm{sec}$  in the decaying tail, see [35]). Within the 800 sec interval the frequency increased monotonically from 581.89 to 581.93 Hz, consistent with the predicted orbital motion of the neutron star around the donor star during this interval. The average pulse profile was sinusoidal, with a time-averaged amplitude of  $\simeq 1\%$  (half amplitude). The highly coherent pulsation points towards a rapidly rotating neutron star to be present in 4U 1636-53; it further supports the connection between burst-oscillation frequencies and the neutron-star spin frequencies (see, e.g., [33], and references therein).

So far, the superbursts have only been observed

in sources with persistent pre-burst luminosities,  $L_{\rm pers}$ , of  $\sim 0.1-0.25$  times the Eddington luminosity,  $L_{\rm Edd}$  [38,18] (see Table 1); apparently, the underlying mass accretion rates create ideal circumstances for the origin of the superbursts [9].

It was already clear from the BeppoSAX/WFC observations that the superburst affects the normal X-ray burst activity. No normal X-ray bursts were found, during the continuous monitoring observations of  $4U\,1735-444$ , for about 7.5 days immediately after the superburst, despite the X-ray flux level being similar to occasions when the source did exhibit normal X-ray bursts. This became even more apparent when analysing the BeppoSAX/WFC observations of KS 1731-260 and Ser X-1 (Fig. 6). These observations revealed that before the superburst the source was happily showing normal X-ray bursts, then for about a month after the superburst the normal X-ray

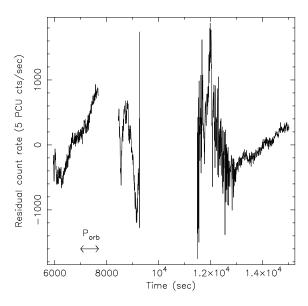


Figure 4. Residual light curve of the superburst from  $4U\,1820-30$  after subtraction of the exponential fit to the superburst light curve. The time resolution is 5 sec. Indicated in the lower left is the orbital period ( $P_{\rm orb} \simeq 685 \, {\rm sec}$ ).

bursting ceased, and finally it resumed bursting again afterwards. For 4U 1636-536 a similar cessation time scale can be inferred (see Table 1).

From the previous paragraphs it may have become clear that the properties of the superburst observed from 4U1820-303 seem to be different from those of the other superbursts: the peak temperature and peak flux reached during the superburst were higher with respect to other superbursts, which resulted in a somewhat larger fluence compared to the other superbursts. Also, the peak flux of the precursor burst was somewhat weaker than that of the superburst. These are related to the fact that the superburst of 4U 1820-30 showed strong radius expansion, whereas the other superburst did not show evidence for such a phase. Note also, that the peak of the superburst is reached much faster (by about a factor 10) than seen in 4U 1636-536 and KS 1731 - 260.

4U1820-303 being an exception to the 'su-

perburst rule' might be related to the fact that its orbital period is much smaller than those of 4U 1636-536, 4U 1254-690 and 4U 1735-444 (see above). Systems like 4U 1820-30 are thought to contain a degenerate He-donor (e.g., [25]), whereas for the others it has been shown that the donors provide a mix of H/He (presumably solar; [23,1]). This is consistent with 4U 1820-30 showing only He-flashes, whereas the other sources clearly have shown X-ray bursts due to unstable mixed H/He burning (except GX 3+1, see [10]).

### 3. Some theoretical interpretation

Generally, the superbursts last too long and their energy release is too much in order to explain them through unstable burning of H and/or He (see, e.g., [34,27,24]). Moreover, regular normal X-ray bursts are seen up to the occurrence of the superburst (e.g., [18]), including the precursor burst. The long rise and decay times of the superbursts are consistent with unstable burning from a greater depth, i.e., below the H and/or He layer. It has, therefore, been suggested that unstable burning of C is the origin of the superbursts [9,34] (see also Cumming, this volume).

If the accreted material onto the neutron star is pure He, C can be produced when He is burned stably or unstably (nearly 100\% and  $\sim$ 3\%, respectively [34,39]). This applies to the He accretor 4U 1820-303 which shows long periods of high intensity during which no bursts occur, consistent with a period of stably burning He. Note that unstable C burning can only reproduce the superburst observed when taking into account neutrino losses and significant heat flux deeper into the neutron star [34]. Recurrence times on the order of 1–2 years [8] are expected (but see [34] who quote a recurrence time of about 10 years). However, if the (degenerate) donor still provides some H, the recurrence times may be 5–10 years [8].

If the accreted material onto the neutron star is a mixture of H and He, C can also be produced by either unstable or stable burning of H/He, but only in rather limited amounts ( $\lesssim 1\%$  and  $\sim 10\%$ , respectively [39,28]). In the months be-

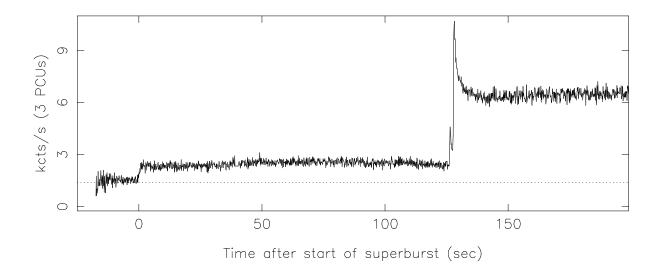


Figure 5. RXTE/PCA (2–60 keV) light curve of the start of the superburst from 4U 1636–536 (see also [35]). The time resolution is 0.125 sec. The first  $\sim$ 70 sec of data were taken during a slew to the source; the light curve has been corrected for background and collimator response. The dotted line marks the persistent source flux level in the previous RXTE orbit. Note that the increase near t=0 sec and the subsequent plateau is intrinsic to the source and not due to the 'instrumental' corrections. The strong 'variability' at the start of the light curve is due to low signal to noise because of low collimator transmissions.

fore the superburst and/or after the normal Xray burst cessation period, normal X-ray bursts in the H-rich accretors occur irregularly with a mean rate of about 3 per day [5,18] (see, e.g., Fig. 6; see also [6]). This indicates that at least some of the accreted material is burning stably around the time of superburst. This may suggest that superbursts only occur in systems where in between normal X-ray bursts stable burning takes place (see also [13]; Cumming, this volume). In this respect it is interesting to make notice of other frequently bursting X-ray sources in the Galactic Center region, such as 4U 1702-429 and A1742-294, which have similar normal X-ray burst occurrence times [6]. These may be good candidates for exhibiting superbursts as well.

Cumming & Bildsten [9] have shown that it is

possible to ignite small amounts of C for the H/He accretors, when it resides in a bath of heavy elements. These heavy elements are the products of the unstable burning through the rp-process during the mixed H/He X-ray bursts. In this case the superburst recurrence times depend on the accretion rates onto the neutron star, being in the order of decades, a year to a decade, or a week to a month, for accretion rates of about 0.1, 0.3, or 1 times the Eddington accretion rate, respectively. More recently, it was found that due to the high temperatures reached during the superburst, a photo-disintegration runaway may be triggered. With this mechanism the heavy elements are converted into iron group elements. This gives rise to an energy production which is comparable to the C burst itself [27] (but see [39]). Since the

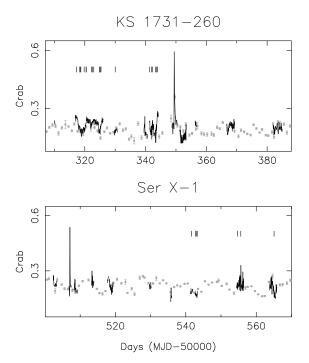


Figure 6. Long term light curves of KS 1731-260 (top [18]) and Ser X-1 (bottom [5]) around the time of their superburst. The continuous lines indicate the BeppoSAX/WFC observations at a time resolution of 5 min, the grey data points are the daily-averaged RXTE/ASM dwells, the vertical bars indicate the time of occurrence of a normal type I X-ray burst. Note that type I X-ray bursting ceases for about a month after the superburst.

X-ray flux doubles immediately after the precursor burst of, e.g.,  $4U\,1636-536$ , it is interesting to speculate that the precursor burst may have triggered this photo-disintegration process, and that unstable C burning had already started before that (which may have triggered in turn the precursor burst, see, e.g, [34]). Note that if the precursors are due to ignition of the He layer by flux from the C burning, then the mass of the He layer will be some amount less than the critical mass needed for igniting a normal X-ray burst.

Therefore, it is reasonable for the precursors to be weak compared to a normal X-ray burst (Cumming, this volume).

Another scenario was proposed by Kuulkers et al. [18], who suggested that H left over from the burning of the H/He layer is reignited by electron capture, with subsequent capture of the resulting neutrons by heavy nuclei, deeper into the neutron star (i.e., in the same bath as mentioned above). In this case relatively large amounts of H have to be left over in order to satisfy the energy release. Recent calculations have shown, however, that H is more or less depleted after the H/He burning [26,39], making this scenario less viable. Nevertheless, recurrence times on the order of a year or less are to be expected [18,16].

The bottomline here is, that at present one can not strongly rule out the proposed models, purely based on the recurrence times. For that one needs more stringent time scales from multiple superbursts in a source.

#### 4. Conclusion

The recent discovery of eight long X-ray flares, superbursts, seen in seven X-ray burst sources share many of the characteristics of type I Xray bursts. What distinguishes them from type I X-ray bursts are the long duration (exponential decay times of a few hours), the large fluences  $(\sim 10^{42} \,\mathrm{erg})$ , and the extreme rarity. They are therefore attributed to a new mode of thermonuclear runaway events. The current view is that the superbursts are caused by the unstable burning of the ashes of the (un)stable H and/or He burning. Such bursts in principle thus not only tell us about properties of material buried below the H and/or He layer, but also about the burning of the H and/or He layer itself (see, e.g., [8,39]; Cumming, this volume).

With monitoring programs on satellites currently operating (Integral, RXTE) as well as future missions (e.g., Swift), one hopes to discover more of these powerful events. On the other hand, a scan through archival data could reveal other (parts of) superbursts. Multiple superbursts from the same source may help to constrain their recurrence times, whereas the study

of superbursts from other sources may help to understand the environment in which the superbursts reside. Crucial information comes also from the type I X-ray burst behaviour months to years before and after a superburst. Dedicated programs, such as to continuously monitor the Galactic Center region with a wide field of view (e.g., MIRAX), are ideal for such studies.

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# **Epilogue**

Although the word 'superburst' was first used by Wijnands [38] to describe the powerful, very long X-ray flares, historically it should be noted that a relatively strong type I X-ray burst seen from 4U1728-34 was denoted with the same name. I quote: There is one burst (we call it the 'super burst') which is about 3 times more energetic than the average burst from [4U1728-34] [2]. Interestingly, scientists in a completely other research area struggled with a similar nomenclature 'problem'. This was related to exceptional phenomena seen from the Steamboat Geyser in Yellowstone National Park. I quote: ... the power of the steam phase was frequently a mind-numbing sensory overload. The most common reaction of the most experienced observer was: 'I don't believe it!' ... At first the authors called this unusual display an 'Oh my god' burst. Later that evening while describing the unusually powerful event to other observers, it was called a superburst for want of a better name. The authors regret that this unoriginal term has become the accepted name for the phenomena, since the same term has been in common usage for years to describe unusually powerful eruptions of Great Fountain Geyser ([30], and references therein).

I further quote: Great Fountain Geyser (Fig. 7) is a fountain-type geyser. The interval between eruptions ranges from 9 to 15 hours, but its short term average interval is usually stable enough that the eruptions can be predicted to within an hour or two. Great Fountain Geyser's maximum height ranges from about 75 feet to over 220 feet. The duration of an eruption is usually about one hour, but durations of over two hours have been seen.

Great Fountain Geyser has two types of truly spectacular behaviour. A superburst is an exceptionally tall burst of water, over 150 feet. Some superbursts have reached 230 feet. Superbursts, when they occur, are usually the first burst of the eruption, but they have been known to sometimes occur later in the eruption. A blue bubble occurs when a calm and still pool of water is domed up by a large expanding steam bubble. As the steam bubble rises and expands, the entire 16 feet wide pool of water is lifted and domed outward creating



Figure 7. An eruption of the Great Fountain Geyser. This geyser can be found in the Lower Geyser Basin, Yellowstone National Park.

a beautiful blue bubble. Once the steam reaches the surface, the water explodes outward and upward. Blue bubbles most commonly occur at the start of the eruption, but they have been known to occur at the start of other active periods. A fair number of blue bubbles result in a superburst, but not all.

Great Fountain Geyser sometimes goes through a Wild Phase. During a wild phase the geyser seems to forget how to end an eruption. A 10 to 50 feet play continues for hours to days. Once the play finally ends, Great Fountain Geyser usually takes a few days to recover before returning to "normal" eruptions. Interestingly, wild phases mainly occur late in the year. (Courtesy 'The Geyser Observation and Study Association'; for more information about the Great Fountain Geyser and other geysers I refer to http://www.geyserstudy.org.)